

GIRVAN & SOUTH CARRICK

SUMMER ACTIVITIES 2021



CONTENTS

GIRVAN COMMUNITY
SPORT HUB
SUMMER
PROGRAMME

P4-8

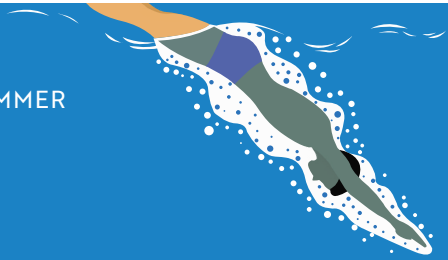


INSPIRE
P9



THE QUAY ZONE. SUMMER
ACTIVITIES

P10-11



GIRVAN
WHEELERS

P12



GIRVAN
CYCLE HIRE

P13

SUMMER
WITH CLD
P14-15



YOUTH
CLD
P16



SUMMER WITH
GLENDOUNE
P16

GIRVAN
YOUTH TRUST
P17



ADVENTURE
CENTRE FOR
EDUCATION
P18



FLANAGAN'S
FITNESS &
GIRVAN
HEALTH
WALK
P19



GIRVAN Community Sport Hubs SOUTH AYRSHIRE

COMMUNITY SPORT HUB SUMMER PROGRAMME

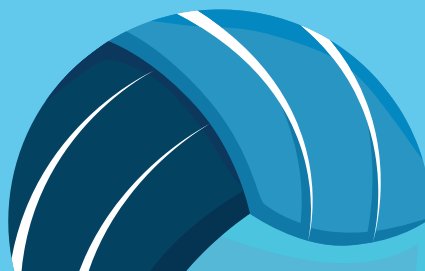
ALL ACTIVITIES BY GIRVAN COMMUNITY SPORTS HUB
FREE

WEEK 1

Mon 28th June	Village Pop-Up (Dailly)	11am–12pm	Dailly Play Park
Mon 28th June	Couch to 5K	5:15pm–6pm	Hamilton Park
Mon 28th June	Pre-School Athletics	6pm–6:30pm	Hamilton Park
Mon 28th June	P1–P3 Athletics	6pm–7pm	Hamilton Park
Mon 28th June	P4–P7 Athletics	6pm–7pm	Hamilton Park
Mon 28th June	S1–S6 Athletics	7pm–8pm	Hamilton Park
Tues 29th June	Village Pop-Up (Barrhill)	11am–12pm	Barrhill MUGA
Tues 29th June	Girvan Volleyball (S1, S3, 16+)	6pm–8pm	Girvan Beachfront
Wed 30th June	Girvan Beach Day	11am–4pm	Girvan Beach
Thurs 1st July	Village Pop-Up (Ballantrae)	11am–12pm	Ballantrae MUGA
Thurs 1st July	Beach Partnership	5pm–8pm	Girvan Beach
Fri 2nd July	Village Pop-Up (Colmonell)	11am - 12pm	Colmonell Park

BOOK NOW

Booking can be done online at south-ayrshire.gov.uk/events



Mon 5th July	Village Pop-Up (Daily)	11am–12pm	Daily Play Park
Mon 5th July	P7/S1 Transition	10am–2pm	Girvan Primary School
Mon 5th July	Couch to 5K	5:15pm–6pm	Hamilton Park
Mon 5th July	Pre-School Athletics	6pm–6:30pm	Hamilton Park
Mon 5th July	P1–P3 Athletics	6pm–7pm	Hamilton Park
Mon 5th July	P4–P7 Athletics	6pm–7pm	Hamilton Park
Mon 5th July	S1–S6 Athletics	7pm–8pm	Hamilton Park
Tues 6th July	P7/S1 Transition	10am–2pm	Girvan Primary School
Tues 6th July	Village Pop-Up (Barrhill)	11am–12pm	Barrhill MUGA
Tues 6th July	Girvan Volleyball (S1, S3, 16+)	6pm–8pm	Girvan Beachfront
Wed 7th July	P1–P7 Summer Programme	10am–2pm	Girvan Primary School
Wed 7th July	Early Years Multi-Sports (3–6yrs)	3pm–3:45pm 4pm–4:45pm	Girvan Primary School
Wed 7th July	Village Pop-Up (Barr)	11am–12pm	Barr MUGA/Playpark
Thurs 8th July	P1–P7 Summer Programme	10am–2pm	Girvan Primary School
Thurs 8th July	Village Pop-Up (Ballantrae)	11am–12pm	Ballantrae MUGA
Thurs 8th July	Beach Handball	2:30pm–4:30pm	Girvan Beach
Thurs 8th July	Beach Partnership	5pm–8pm	Girvan Beach
Fri 9th July	P1–P7 Summer Programme	10am–2pm	Girvan Primary School
Fri 9th July	Village Pop-Up (Colmonell)	11am - 12pm	Colmonell Park

EARLY YEARS MULTI-SPORTS

A range of sports activities
for 3–6 year olds.

Girvan Primary School

Every Wednesday from
7th July–4th August
3pm–3:45pm & 4pm–4:45pm



WEEK 3

Mon 12th July	Village Pop-Up (Daily)	11am-12pm	Dailly Play Park
Mon 12th July	Couch to 5K	5:15pm-6pm	Hamilton Park
Mon 12th July	Pre-School Athletics	6pm-6:30pm	Hamilton Park
Mon 12th July	P1-P3 Athletics	6pm-7pm	Hamilton Park
Mon 12th July	P4-P7 Athletics	6pm-7pm	Hamilton Park
Mon 12th July	S1-S6 Athletics	7pm-8pm	Hamilton Park
Tues 13th July	Village Pop-Up (Barrhill)	11am-12pm	Barrhill MUGA
Tues 13th July	Girvan Volleyball (S1, S3, 16+)	6pm-8pm	Girvan Beachfront
Wed 14th July	Village Pop-Up (Barr)	11am-12pm	Barr MUGA/Playpark
Thurs 15th July	Village Pop-Up (Ballantrae)	11am-12pm	Ballantrae MUGA
Thurs 15th July	GGA Project Event	12pm-2pm	Girvan Beachfront
Thurs 15th July	Beach Handball	2:30pm-4:30pm	Girvan Beach
Thurs 15th July	Beach Partnership	5pm-8pm	Girvan Beach
Fri 16th July	Village Pop-Up (Colmonell)	11am - 12pm	Colmonell Park

WEEK 4

Mon 17th July	Village Pop-Up (Daily)	11am-12pm	Dailly Play Park
Mon 17th July	Couch to 5K	5:15pm-6pm	Hamilton Park
Mon 17th July	Pre-School Athletics	6pm-6:30pm	Hamilton Park
Mon 17th July	P1-P3 Athletics	6pm-7pm	Hamilton Park
Mon 17th July	P4-P7 Athletics	6pm-7pm	Hamilton Park
Mon 17th July	S1-S6 Athletics	7pm-8pm	Hamilton Park
Tues 18th July	Village Pop-Up (Barrhill)	11am-12pm	Barrhill MUGA
Tues 18th July	Girvan Volleyball (S1, S3, 16+)	6pm-8pm	Girvan Beachfront
Wed 19th July	Village Pop-Up (Barr)	11am-12pm	Barr MUGA/Playpark
Thurs 20th July	Village Pop-Up (Ballantrae)	11am-12pm	Ballantrae MUGA
Thurs 20th July	Beach Handball	2:30pm-4:40pm	Girvan Beach
Thurs 20th July	Beach Partnership	5pm-8pm	Girvan Beach
Fri 16th July	Village Pop-Up (Colmonell)	11am - 12pm	Colmonell Park

Mon 26th July	Village Pop-Up (Daily)	11am-12pm	Dailly Play Park
Mon 26th July	Couch to 5K	5:15pm-6pm	Hamilton Park
Mon 26th July	Pre-School Athletics	6pm-6:30pm	Hamilton Park
Mon 26th July	P1-P3 Athletics	6pm-7pm	Hamilton Park
Mon 26th July	P4-P7 Athletics	6pm-7pm	Hamilton Park
Mon 26th July	S1-S6 Athletics	7pm-8pm	Hamilton Park
Tues 27th July	Village Pop-Up (Barrhill)	11am-12pm	Barrhill MUGA
Tues 27th July	Girvan Volleyball (S1, S3, 16+)	6pm-8pm	Girvan Beachfront
Wed 28th July	Village Pop-Up (Barr)	11am-12pm	Barr MUGA/Playpark
Wed 28th July	Gymnastics Summer Camp	11am-2pm	Girvan Primary School
Thurs 29th July	Village Pop-Up (Ballantrae)	11am-12pm	Ballantrae MUGA
Thurs 29th July	Gymnastics Summer Camp	11am-2pm	Girvan Primary School
Thurs 29th July	Beach Handball	2:30pm-4:30pm	Girvan Beach
Thurs 29th July	Beach Partnership	5pm-8pm	Girvan Beach
Fri 30th July	Village Pop-Up (Colmonell)	11am - 12pm	Colmonell Park



WEEK 6

Mon 2nd Aug	Village Pop-Up (Daily)	11am-12pm	Dailly Play Park
Mon 2nd Aug	Couch to 5K	5:15pm-6pm	Hamilton Park
Mon 2nd Aug	Pre-School Athletics	6pm-6:30pm	Hamilton Park
Mon 2nd Aug	P1-P3 Athletics	6pm-7pm	Hamilton Park
Mon 2nd Aug	P4-P7 Athletics	6pm-7pm	Hamilton Park
Mon 2nd Aug	S1-S6 Athletics	7pm-8pm	Hamilton Park
Tues 3rd Aug	Village Pop-Up (Barrhill)	11am-12pm	Barrhill MUGA
Tues 3rd Aug	Girvan Volleyball (S1, S3, 16+)	6pm-8pm	Girvan Beachfront
Wed 4th Aug	Village Pop-Up (Barr)	11am-12pm	Barr MUGA/Playpark
Thurs 5th Aug	Village Pop-Up (Ballantrae)	11am-12pm	Ballantrae MUGA
Thurs 5th Aug	Beach Handball	2:30pm-4:30pm	Girvan Beach
Thurs 5th Aug	Beach Partnership	5pm-8pm	Girvan Beach
Fri 6th Aug	Village Pop-Up (Colmonell)	11am - 12pm	Colmonell Park



INSPIRE

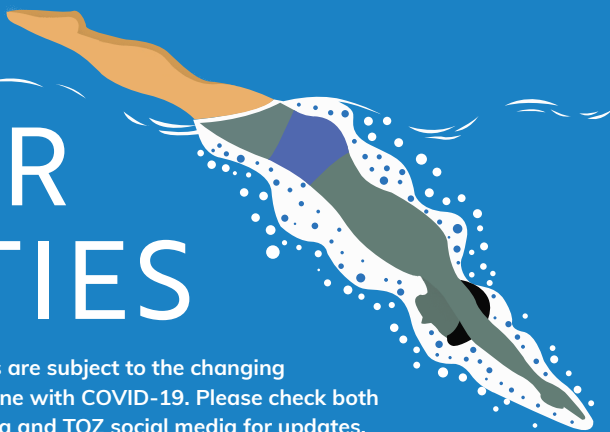
Enabling children, young people and adults in South Ayrshire with a disability or additional support need to lead active, healthy and happy lives.



Activity	Partner	Age	Day	Time	Location
Athletics	Girvan FC	5-17	Monday	6pm-6:45pm	Hamilton Park
FR & WCR	Biosphere Bikes	18+ 5-17	Tuesday	3pm-3:45pm 3:45pm-4:30pm	Girvan Prom
Football	Girvan FC	5-17	Tuesday	5pm-5:45pm	Hamilton Park
Tennis	ASA	5-17 18+	Wednesday	5pm-5:45pm 6pm-6:45pm	Tennis Courts
Walking	ASA	18+	Thursday	1:30pm-2:15pm	Various
Multi-Sport	Hand In Hand	5-17	Thursday	5pm-5:45pm	Tennis Courts

To register your interest, please email kayleigh.haggo@south-ayrshire.gov.uk

THE QUAY ZONE. SUMMER ACTIVITIES LIST



These activities are subject to the changing restrictions in line with COVID-19. Please check both our social media and TQZ social media for updates.

MONDAY /// SWIM		TUESDAY /// SWIM	
07:00-09:30	Lane Swimming	07:00-09:30	Lane Swimming
09:30-10:00	Crash Course Parent & Child W1, W3, W5, W7	09:30-10:00	Crash Course Parent & Child W1, W3, W5, W7
09:30-10:00	Crash Course Aqua Fun W2, W4, W6	09:30-10:00	Crash Course Aqua Fun W2, W4, W6
10:00-10:30	Crash Course Pre-School W1, W3, W5, W7	10:00-10:30	Crash Course Pre-School W1, W3, W5, W7
10:00-10:30	Crash Course L1 W2, W4, W6	10:00-10:30	Crash Course L1 W2, W4, W6
10:30-12:30	Public Swimming	10:30-11:30	Public Swimming
12:30-14:00	Fun Floats	11:30-12:00	Aqua Fit
14:00-19:00	Regular Lessons	12:15-12:45	Aqua Fit
19:00-20:30	Swim Club	12:45-14:45	Public Swimming
20:30-21:15	Lane Swimming	15:00-15:45	Fun Floats
		16:15-17:00	Giant Inflatable
		18:15-18:45	Aqua Fit
		19:15-20:00	Lane Swimming

OPEN 7 DAYS

For more information please contact us on 01465 915 200 or email us info@thequayzone.co.uk

WEDNESDAY /// SWIM

07:00-09:30	Lane Swimming
09:30-10:00	Crash Course Parent & Child W1, W3, W5, W7
09:30-10:00	Crash Course Aqua Fun W2, W4, W6
10:00-10:30	Crash Course Pre-School W1, W3, W5, W7
10:00-10:30	Crash Course L1 W2, W4, W6
10:30-13:00	Public Swimming
14:30-15:15	Fun Floats
15:30-19:45	Regular Lessons
20:00-21:00	Lane Swimming

FRIDAY /// SWIM

07:00-09:30	Lane Swimming
09:30-10:00	Crash Course Parent & Child W1, W3, W5, W7
09:30-10:00	Crash Course Aqua Fun W2, W4, W6
10:00-10:30	Crash Course Pre-School W1, W3, W5, W7
10:00-10:30	Crash Course L1 W2, W4, W6
10:30-11:30	Regular Lessons
12:00-16:45	Public Swimming
17:00-18:30	Fun Floats

THURSDAY /// SWIM

07:00-09:30	Lane Swimming
09:30-10:00	Crash Course Parent & Child W1, W3, W5, W7
09:30-10:00	Crash Course Aqua Fun W2, W4, W6
10:00-10:30	Crash Course Pre-School W1, W3, W5, W7
10:00-10:30	Crash Course L1 W2, W4, W6
11:00-11:30	Aqua Fit
11:45-12:15	Aqua Fit
12:30-14:45	Public Swimming
15:00-15:45	Fun Floats
16:15-17:00	Giant Inflatable
18:15-18:45	Aqua Fit
19:15-20:00	Lane Swimming

SATURDAY /// SWIM

08:00-08:45	Lane Swimming
09:00-12:30	Regular Lessons
12:30-14:30	Public Swimming
15:00-16:30	Fun Floats

SUNDAY /// SWIM

09:15-10:30	Lane Swim
10:45-12:00	Fun Floats
12:00-15:00	Public swim
15:00-16:00	Fun Floats



GIRVAN WHEELERS

SUITABLE FOR ALL AGES AND ABILITIES
FREE

LED CYCLE RIDES

Fun & fitness for all the family.

WEDNESDAY 30TH JUNE & WEDNESDAY 11TH AUGUST

Location: Quay Zone/Biosphere Bikes

Times: On the hour from 11am–4pm

Duration: 45 minutes

Group Size: 8 maximum

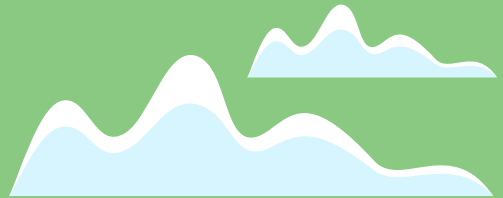
**SUMMER IN TO AUTUMN
WEDNESDAY 6:30PM & SUNDAY 2PM**

Location: Quay Zone/Biosphere Bikes

Duration: 1–3 hours

Group Size: 8 maximum

Routes and durations will vary depending on the group ability. Please meet 10 minutes before each scheduled departure for any required bike maintenance. Suitable for all ages and abilities. Children under the age of 16 must be accompanied by an adult. Please bring your own bike and helmet.



GIRVAN CYCLE HIRE

Saturday & Sunday
11am–5pm

Next to The Quay Zone Leisure Centre

ADULT BIKES

KIDS BIKES

ELECTRIC BIKES

(OVER 18YRS PLUS ONLY)

HELMET & LOCK

(UNDER 16S MUST WEAR A HELMET)

	1hr	2hr	3hr	4hr	All Day
Adult Bike	£5	£7	£9	£11	£15
Kids Bike	£3	£5	£7	£8	£10
Electric Bike	£7	£10	£13	£15	£25
Family Deal 2 adults + 2 kids	£13	£20	£28	£34	£45
Family e-Deal 2 adults + kids	£17	£27	£36	£43	£60

	30mins	1hr	2hr	3hr	4hr
Berg Gran Tour E-Quadcycle (4 people)	£10	£20	£30	£40	£50
Berg Go-Kart with child seat (2 people)	£5	£10	£15	£20	£25
Mini Karts	£3	£5	£7	£8	£10
Electric side-by-side Tandem	£10	£15	£25	£35	£45

All hires are subject to customers agreeing with and signing the terms and conditions for the equipment used. Photo identification, proof of address or credit card surety is required.

A refundable deposit will be required for each bike hired.

SUMMER WITH CLD

PERFECT FOR PARENTS, CARERS & THEIR CHILDREN
FREE

HOLIDAY ACTIVITIES FOR PARENTS & FAMILIES

GIRVAN & SOUTH CARRICK VILLAGES

PEEP IN THE PARK

Interactive play session for parents
with their babies and toddlers.

Dates, Times & Locations

Colmonell Play Park

Tuesday 29th June, 10am–11am

Ballantrae Play Park, Downan Avenue

Tuesday 6th July, 10am–11am

Maidens Play Park, Harbour Road

Tuesday 20th July, 10am–11am

The Loaning Park, Dailly

Tuesday 27th July, 10am–11am



FRIENDLY FAMILIES

Interactive fun activities for all the family. Parents/carers and children of all ages.

Stair Park, Girvan

Tuesday 20th July, 2:30pm

Thursday 22nd July, 2pm

cld

Community Learning
and Development

HOW TO BOOK

Please contact Sarah Logue at
sarah.logue@south-ayrshire.gov.uk
or phone Sarah on 01655 884889



YOUTH CLD

HOLIDAY ACTIVITIES FOR YOUNG PEOPLE

For further information, please contact Ryan Ward by email on ryan.ward@south-ayrshire.gov.uk or by telephone on 01465 716111.



GIRVAN SI CLUB

Every Wednesday
30th June–28th July
Z1 Youth Bar, Girvan
6:30pm–8pm

BALLANTRAE YOUTH CLUB

Every Wednesday
30th June–28th July
Meeting at Ballantrae Park
6:30pm–8pm

SUMMER WITH GLENDOUNE

For further information, please contact Ryan Ward by email on ryan.ward@south-ayrshire.gov.uk or by telephone on 01465 716111.

HOLIDAY PROGRAMME

Every Monday & Friday
5th July–6th August

For young people in P4–P7

Outside Glendoune
Community Centre
10:30am–12:30pm

JUNIOR YOUTH CLUB

Every Thursday
1st July–29th July

For young people in P6 & P7

Outside Glendoune
Community Centre
6:30pm–8pm

GIRVAN YOUTH TRUST

SUMMER EVENTS FOR EVERYONE

GIRVAN BOATING POND BOATS & PUTTING

**Everyday throughout the
school holiday term**

Girvan Boating Pond

1pm–5pm

All ages

£5 per boat & £1 per person
for putting OR £6 for a family
ticket (includes putting)

SUMMER BEACH PROGRAMME YOUTH WORK

**Every Thursday throughout
the school holiday term**

Girvan Promenade/Beachfront

5:30pm–8:30pm

S1–18 years

FREE

SUMMER PROGRAMME FAMILIES

**Every Thursday throughout
the school holiday term**

Girvan Beachfront/Boating Pond

1:30pm–3:30pm

Families with small children.
Children under 10 must be
accompanied by an adult.

FREE



ADVENTURE CENTRE FOR EDUCATION

This Summer we are running adventure activities alongside our partners, as well as our own individual days.

Please check out our social media for dates and further information. You can also contact the office on 01465 710077, or you can also email us at info@adventurecentreforeducation.com



FLANAGAN'S FITNESS

FITNESS CLASSES

AGES 18+

EVERY MONDAY AT 4:45PM-5:30PM

Location: Girvan Academy Bike Track

Cost: £3.00

To book please message Caitlin on
07432673512 or visit Flanagan's Fitness
on Facebook



GIRVAN HEALTH WALK

DEMENTIA FRIENDLY

ALL AGES WELCOME

EVERY MONDAY AT 11AM FOR 1 HOUR

A low paced walk that is suitable for everyone. Simply
turn up or contact Wendy for further information at
dementiagirvan@gmail.com.

Location: Meet at Bay Terrace at Girvan Seafront.

FREE

**For any further information
please contact Connor Watt**

Project Manager

Girvan Community Sport Hub

connor@girvancsh.org

 [@ActiveGirvan](#)

 [@ActiveGirvan](#)